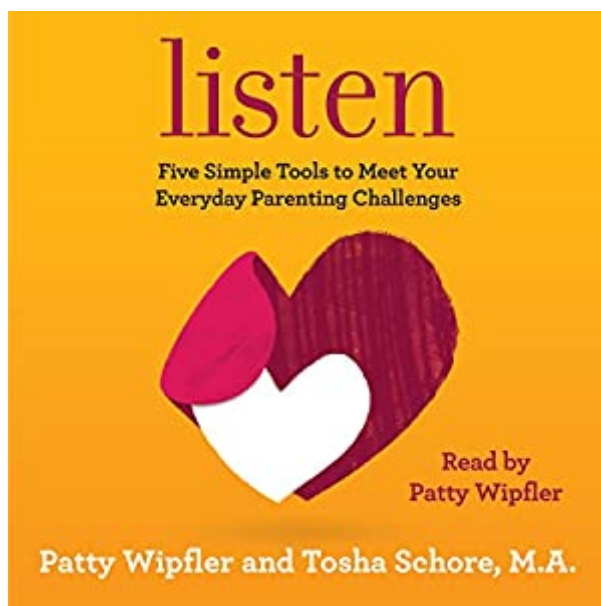


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# Listen: Five Simple Tools To Meet Your Everyday Parenting Challenges



## Synopsis

Listen introduces parents to five simple, practical skills even the most harried parent can use. These tools will help parents strengthen their connection with their child and help build their child's intelligence, cooperation, and ability to learn as they grow. The audiobook delivers detailed information, accompanied by more than 100 real-life stories from parents who've used this approach to address the root causes of their child's difficult behaviors. Five surprising things parents will learn: You don't have to reward or punish willful children to get them to cooperate Aggressive kids are frightened kids, and there are simple tools to ease their fear so they don't need to lash out Your willingness to just listen to crying or tantrums, often is enough to heal a child's fears and hurts Safe play during which your kid becomes the boss, can reveal his hidden feelings - and heal them too Parents who regularly listen to one another's struggles, without judging or advising, often clear so much toxic emotion that their children benefit greatly

## Book Information

Audible Audio Edition

Listening Length: 13 hours 27 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Hand in Hand Parenting

Audible.com Release Date: August 16, 2017

Whispersync for Voice: Ready

Language: English

ASIN: B074SZRWN1

Best Sellers Rank: #71 in Books > Audible Audiobooks > Health, Mind & Body > Family & Relationships #109 in Books > Self-Help > Relationships > Interpersonal Relations #132 in Books > Audible Audiobooks > Health, Mind & Body > Psychology

## Customer Reviews

This book has been very helpful in changing our parenting strategies. It's clear and concise and explains things well. Also good to know someone who uses the technique or who has taken a class since it does help with being able to discuss certain topics/tools and how they have been implemented.

Opens the heart to be more compassionate, patient and loving with self and family with practical

tools and examples.

Great book! Great parenting tools.

great price and amazing book.

I just love this book!

Techniques are working for us. Especially the advice to get a listening partner for the parents. Makes it all work so much easier.

I can't expressive enough what an incredible resource this book is for parents, caregivers and teachers. In all honesty every human being needs to read this book. If we could be with each other, adults and children alike, in the ways that are shared and expressed in this book, the world would truly transform from a world stricken with fear and war to a world filled with joy, playfulness, deep caring and peace.

Five stars is not high enough for this book. Hand in Hand parenting has been an invaluable resource for our family and I am grateful this book is out in the world. This book should be on every parent's bookshelf.

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Skills to Help Your Teen Navigate Emotional and Behavioral Challenges Building the Everyday  
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Do You Really Want to Meet Velociraptor? (Do You Really Want to Meet a Dinosaur?) Do You  
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